



134 / Oslo - Stavanger / 6 Nights, 7 Days

Food and Culture of the Fjords



Taste your way from Oslo's exciting food scene, through Hallingdal „cheese valley“ and Hardanger fjord's charming cideries to Stavanger, a hub of famous Michelin star chefs. Enjoy fresh shrimps on a boat deck, taste the traditional „rømmegrøt“ on a mountain summer farm, compare fresh Hardanger ciders and learn about local food producers and Norwegian culture on this foodie tour.



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Photo: Tina Stafrén - VisitNorway.com

DAY 1 | Arrival in OSLO

Arrival at Oslo Airport according to your own itinerary (flight reserved by your agency). Transfer to your hotel in Oslo city center.

Oslo and the Nordic cuisine have achieved a place on the international food map. Norwegian food traditions and fresh ingredients are reflected in the city's broad selection of restaurants from Michelin star venues to buzzing food courts, cozy cafes and cool cocktail bars.

Half board accommodation at **Thon Hotel Bristol**, or similar, located in the city center.

DAY 2 | OSLO

Experience Oslo's food scene on a 5 hours' guided foodie tour: enjoy shrimps fresh from the boat in the harbour, visit the trendy Grünerløkka area with numerous little cafés, restaurants and bars. At „Mathallen“ food court taste some of the best Norwegian cheeses and ham and have a stop for a short lunch. Through the whole day you will get a thorough understanding of Norwegian history, culture, tradition and food.

Spend the evening on board a traditional wooden sailing ship passing through a maze of green islands. Sit back and enjoy the scenery and beautiful islands, while savouring the flavour of the shrimp "Fjord style".

Bed and breakfast accommodation at **Thon Hotel Bristol**, or similar, located in the city center.

DAY 3 | OSLO - GEILO

Today you will drive to the mountains and valleys, passing through the lush countryside on your way to Geilo. In Norway, life stock is often sent to higher altitudes for grazing in the short summer months. In the olden days this created a culture of simple living among animals at the mountain farms and translated to an uncomplicated cuisine, using ingredients that were at hand.

The Hallingdal Valley is especially known for small dairies and cheese producers. Visit an authentic summer farm on the mountains near Geilo and taste the traditional sour cream porridge „rømmegrøt“ served with locally cured meat. The friendly hostess tells about summer farming and life on the mountains and if you are lucky, she will find her accordion and play some tones of Norwegian traditional music.

Half board accommodation at **Vestlia Resort**.

DAY 4 | GEILO - ULVIK

On your way to the famous Hardanger Fjord, visit Hardangervidda Nature Centre in Eidfjord, an exciting



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Photo: Øyvind Heen - fjords.com



experience centre for Norwegian nature, wildlife and climate. Enjoy a plentiful Hardanger lunch buffet consisting of fresh local produce.

Proceed to Ulvik, a charming village by the Hardanger Fjord, famous for apple and fruit production. Walk from farm to farm along the established „Cider Route“. At Syse Farm you will get an introduction and delicate tastings on the farm's produce: apple juice, cider, fruit preserves, dried and cured mutton leg and lamb meat. Enjoy dinner and cider tasting at the traditional Lekve farm before a short stroll back to your hotel.

Bed and breakfast accommodation at **Brakanes Hotell**.

DAY 5 | ULVIK - HARDANGER - STAVANGER

Travel through the fruit crate of Norway, where 40% of the countries produce originates. Pass the impressive Hardanger bridge and feel like a local when crossing the fjord on a car ferry to Utne. Enjoy some local treats and cider tasting while learning about the region and its traditions, before you follow the coastal fjord road to Odde.

Drive south along the Norwegian Scenic Route and get astonished over the rugged landscape, high barren mountains and the lush hillsides of Ryfylke region. Visit Midsommer Winery in Hebnes, with fantastic view over the fjords. Learn about history of Hebnes and the viking chief Torstein and find out about wine production in Norway before you sit down and enjoy homemade bakery with „Suldalsskvetten“ coffee.

An express boat will take you over the Boknafjorden archipelago to Stavanger, a true food city with Michelin star restaurants and world-famous chefs.

Half board accommodation at **Clarion Hotel Stavanger**.

DAY 6 | STAVANGER

Enjoy a fabulous 3-hr fjord cruise on the Lysefjord. Discover the unique nature created by glaciers and explore the magnificent Pulpit Rock and the Kjerag mountain with views from the water.

This evening starts with a pleasant boat trip over the fjord to Flor & Fjære. You will be astonished about the sea of flowers and beautiful gardens on the island. Enjoy a wonderful buffet dinner, made with inspiration from all around the world, before taking the boat back to Stavanger.

Bed and breakfast accommodation at **Clarion Hotel Stavanger**.

DAY 7 | STAVANGER, departure

Enjoy breakfast before your transfer to Stavanger airport for your return flight according to your own itinerary. (Flights reserved by your agency).

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Photo: Sanna Røhr

SERVICES INCLUDED

Accommodation and meals:

- 6 nights accommodation in double rooms with shower/WC incl. breakfast
- 3 dinner at hotel

Activities and excursions:

- 5 hrs „Oslo for Foodies“ walk
- Norwegian evening on the Oslo Fjord, incl shrimp buffet
- Traditional lunch at mountain farm
- Entrance and lunch at Hardangervidda Nature Center
- Syse Gård, guided tour and tasting
- Lekve Gård, guided tour, cider tasting and dinner
- Midtsommer Winery, guided tour, coffee and cake
- Express boat to Stavanger
- 3 hrs cruise on Lysefjord
- Evening tour to Flor & Fjære incl. dinner

